

The background is a dark blue field with a white grid pattern, resembling a blueprint. Scattered throughout the grid are white line-art icons of human figures. Some figures are grouped together in small clusters, while others are isolated. The overall aesthetic is technical and architectural.

THE KISSINGER REPORT: BLUEPRINT FOR GLOBAL DEPOPULATION

Introduction

Have you ever heard of the Kissinger Report before? Most people haven't.

The Kissinger Report's official name is *National Security Study Memorandum-200* (or *NSSM-200* for short). However, it's often called the Kissinger Report after Henry Kissinger, who was the Secretary of State in 1974.¹

This report used to be a top-secret document of the United States National Security Council. And no wonder! After all, it's a plan for the United States government to control population globally. NSSM-200 was declassified in 1990 and transferred to the National Archives.²

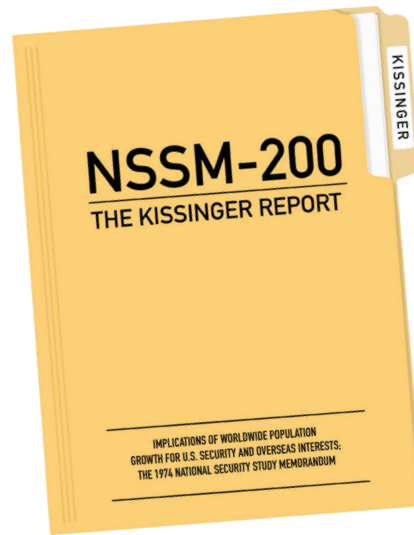
Pro-lifers must know about NSSM-200. It exposes the unethical motivations and methods of population control organizations. Even though it was written 50 years ago, the Kissinger Report has never been formally rescinded. This means that it is *still* official US policy.³

In this eBook, we'll tell you everything you need to know about the Kissinger Report.

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Chapter 1: Introduction to the Kissinger Report:



The National Security Council is the highest decision-making body in the United States government. On December 10, 1974, it finalized a top-secret document entitled *National Security Study Memorandum 200*, or *NSSM-200*.⁴

The report was published shortly after the first major international population conference in Bucharest. It was the result of collaboration among the Central Intelligence Agency (CIA), the United States Agency for International Development (USAID), and the Departments of State, Defense and Agriculture.⁵

NSSM-200 is subtitled “Implications of Worldwide Population Growth for U.S. Security and Overseas Interests.”⁶ At the time, the National Security Council saw rapid population growth in the less-developed countries as a major threat to the United States’ national security.⁷

Five decades later, *NSSM-200* continues to represent official United States policy on population control. In fact, it is still posted on the USAID website.

The Purpose of NSSM-200

In 1974, population controllers believed that a high population density leads to

poverty. So, they wanted to improve the standard of living of the people in less-developed countries by reducing population growth.

However, *NSSM-200* shows the true motivation behind population control activities. Instead of raising the standard of living in less-developed nations, the National Security Council planned to preserve the high standard of living in the United States. This required maintaining access to the mineral resources of less-developed countries.



“The U.S. economy will require large and increasing amounts of minerals from abroad, especially from less developed countries....Wherever a lessening of population pressures through reduced birth rates can increase the prospects for such stability, population policy becomes relevant to resource supplies and to the economic interests of the United States.”⁸

What Nations Did NSSM-200 Target?

The Kissinger Report identifies 13 nations by name that would be the primary targets of U.S.-funded population control efforts: ⁹



Chapter 2: The Population Control Strategy

NSSM-200 is a very thorough and logical document. It explicitly lays out the detailed five-step strategy to promote population control. This five-step process is closely modeled after military mission planning protocols.¹⁰

The Kissinger Report's 5-Step Process:

1. Identify the threat and its location
2. Identify the tools to be used to neutralize the threat
3. Identify the people who will use these tools to neutralize the threat
4. Fine-tune the plan and secure durable funding sources
5. Establish and amplify a comprehensive propaganda program

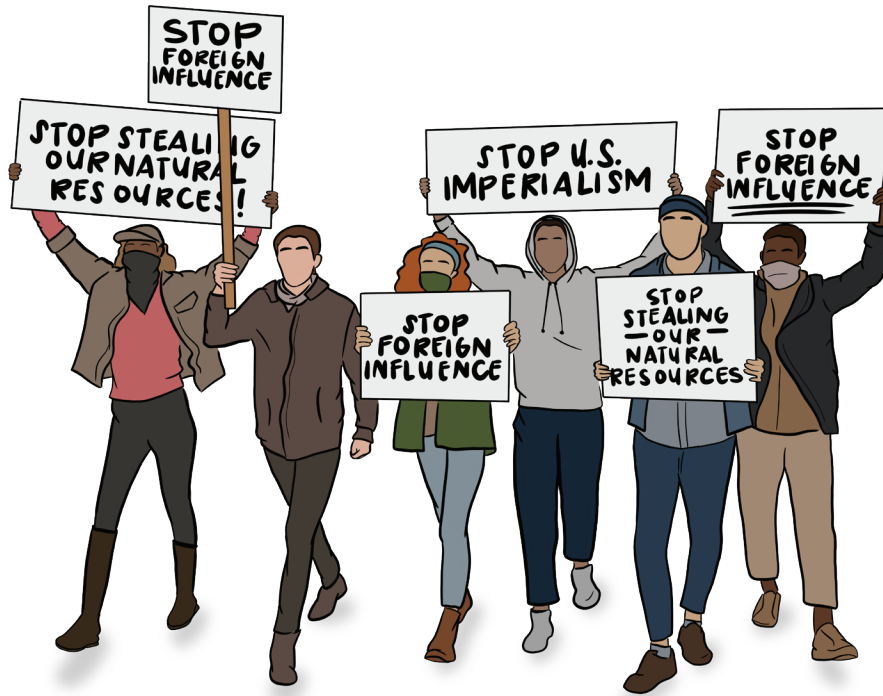
#1. Identify the Threat

NSSM-200 began by identifying the “threat.” Since the United States relies on a smooth flow of resources, anything that could jeopardize this flow was considered a “threat.”

Possible “threats” included: government action, labor conflicts, sabotage, or civil disturbances. By controlling population, the United States government reduced the “risk” of these disturbances.



“These types of frustrations are much less likely under conditions of slow or zero population growth.”¹¹



Additionally, young people are much more likely to challenge imperialism and the world's power structures. So, the United States government saw a vested interest in keeping the numbers of youth down as much as possible.



“These young people can more readily be persuaded to attack the legal institutions of the government or real property of the ‘establishment,’ ‘imperialists,’ multinational corporations, or other—often foreign—influences blamed for their troubles.”¹²

The countries specifically targeted in NSSM-200 were the fastest growing countries in 1974, which contained much-needed mineral resources. Some examples of these resources include:

- **Oil** (India¹³, Pakistan¹⁴, Egypt¹⁵)
- **Natural Gas** (Bangladesh¹⁶, Mexico¹⁷, Ethiopia¹⁸)
- **Copper** (Indonesia¹⁹, Brazil²⁰)
- **Iron ore** (Nigeria²¹, Turkey²²)
- **Gold** (the Philippines²³, Colombia²⁴)
- **Tin** (Thailand²⁵)

#2. Choosing Weapons against the Threat

The second step was to identify the “weapons” that the United States government would use to neutralize the threat.

NSSM-200 identified four tools that could be used to slow the growth of a nation, with particular emphasis on its young population:

1. Legal abortion
2. Financial incentives for countries to increase their abortion, sterilization and contraception-use rates
3. Indoctrination of children using sex education and propaganda
4. Mandatory population control and coercion of other forms. (E.g. withholding disaster and food aid unless a country implements population control programs).²⁶

We’ll unpack the practical application of these tools in the next chapter.

#3. Assigning the Dirty Work

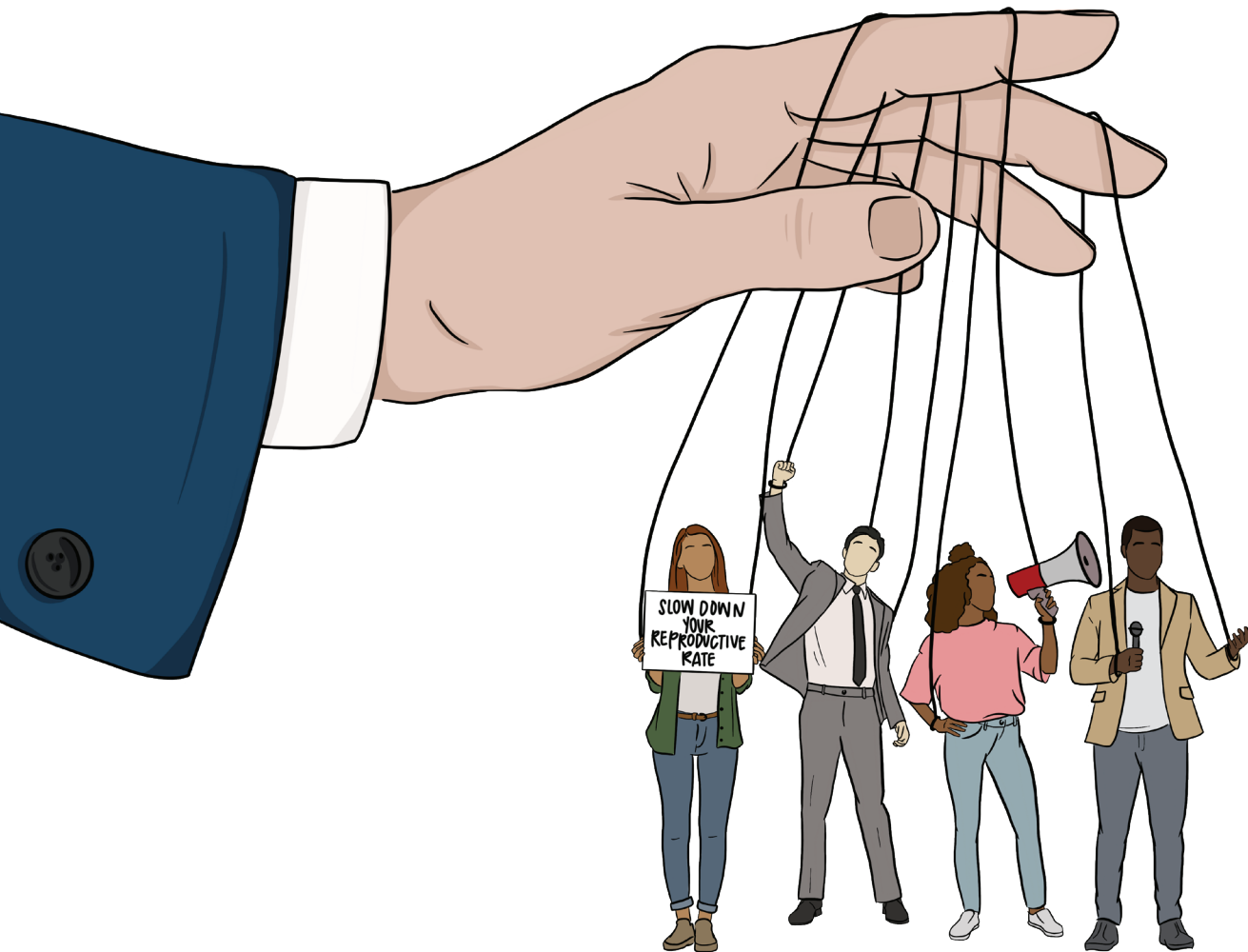
The third step was to determine who would do the actual dirty work.

The United States could not do the groundwork itself, or it would be justly accused of racism and imperialism. So, *NSSM-200* laid out a plan to hide the US’s tracks and disguise its programs as altruistic.



“There is also the danger that some LDC [less developed country] leaders will see developed country pressures for family planning as a form of economic or racial imperialism; this could well create a serious backlash.... The U.S. can help to minimize charges of an imperialist motivation behind its support of population activities by repeatedly asserting that such support derives from a concern with (a) The right of the individual couple to determine freely and responsibly the number and spacing of children and to have information, education, and means to do so; and (b) The fundamental social and economic development of poor countries in which rapid population growth is both a contributing cause and a consequence of widespread poverty.”²⁷

Note very carefully the language of this passage—the U.S. would continue to “repeatedly assert” that it is concerned with individual rights and the welfare of the country while flooding it with contraception, sterilization and abortion, whether the people and the nation want them or not.



Dr. Alan Guttmacher, a former President of Planned Parenthood, described this strategy:

“My own feeling is that we’ve got to pull out all the stops and involve the United Nations.... If you’re going to curb population, it’s extremely important not to have it done by the “damned Yankee,” but by the UN. Because the thing is, then it’s not considered genocide. If the United States goes to the black man or the yellow man and says “slow down your reproductive rate,” we’re immediately suspected of having ulterior motives to keep the white man dominant in the world. If you can send in a colorful UN force, you’ve got much better leverage.”²⁸

#4. Funding and Finalizing the Plan

There are two ways *NSSM-200* chose to implement their nefarious plan:

First, the United States would develop a commitment to population control among the leaders of key countries. This would bypass the desires of their people.



“The U.S. should encourage LDC [less developed country] leaders to take the lead in advancing family planning and population stabilization both within multilateral organizations and through bilateral contacts with other LDCs.”²⁹

The program was usually implemented through the target nation’s health ministry, with assistance from the state-controlled media.

Second, the United States government would enlist the aid of as many multilateral population control organizations as possible in order to deflect criticism and charges of imperialism.



“The U.S. will look to the multilateral agencies, especially the U.N. Fund for Population Activities, which already has projects in over 80 countries to increase population assistance on a broader basis with increased U.S. contributions.”³⁰

Specifically, *NSSM-200* mentions three other large non-governmental organizations that would lead the programs—the Pathfinder Fund, the International Planned Parenthood Foundation (IPPF) and the Population Council.³¹

Of course, these are not the only groups that operate population control programs in developing nations. Even today, there is a galaxy of organizations which are eager to receive U.S. tax money.

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#5. Supporting Depopulation with Propaganda

The final step in the population control program was to establish and maintain anti-natalist propaganda. Here, corrupt media would lead the way. *NSSM-200* recommended that the United States “influence national leaders.”



“[I]mproved world-wide support for population-related efforts should be sought through increased emphasis on mass media and other population education and motivation programs by the U.N., USIA, and USAID.”³²

A primary source of propaganda would be Comprehensive Sex Education. In the next chapter, we’ll show why sex-education is a key tool for population control.

Chapter 3: Four Tools for Depopulation

As stated in the previous chapter, *NSSM-200* identified four tools that could be used to slow the growth of a nation. By using these tools, population control activists could successfully reduce birth rates.

#1 Legal Abortion

Abortion is the key to population control. For decades, activists have stridently denied that they are pushing abortion on developing nations. But this is false.

United Nations agencies and anti-natalist NGOs have written hundreds of documents demanding the worldwide adoption of “reproductive rights.” While these agencies deny that “reproductive rights” include abortion, the reproductive health program relies on free abortion on demand in every nation on Earth.

As Hillary Clinton admitted in 2010, *“You cannot have maternal health without reproductive health, and reproductive health includes contraception and family planning and access to legal, safe abortion.”*³³

Even the Kissinger Report admits this fact:

“No country has reduced its population growth without resorting to abortion.”

-NSSM-200³⁴

#2 Financial Incentives:

Simply legalizing abortion isn't enough to reduce birth rates. The authors of *NSSM-200* realized that they would need people to cooperate with their population control agenda.

So, *NSSM-200* suggested paying people to increase their abortion, sterilization and contraception-use rates.



“Pay women in the LDCs [less developed countries] to have abortions as a method of family planning....Similarly, there have been some controversial, but remarkably successful, experiments in India in which financial incentives, along with other motivational devices, were used to get large numbers of men to accept vasectomies.”³⁵

#3 Sex-Education and Propaganda

Through constant propaganda, the US could indoctrinate people into abandoning the idea of large, close-knit families. The most effective form of propaganda was mandatory explicit sex education, which parents could not withdraw their children from.



“The obvious increased focus of attention should be to change the attitudes of the next generation, those who are now in elementary school or younger...concentrating on the education and indoctrination of the rising generation of children regarding the desirability of smaller family size.”³⁶

Young minds are impressionable. Through sex-education, population control activists could shape how students viewed family life and fertility. Most sex-education follows a two-fold strategy: undermine the family and get teens on the conveyer belt towards abortion.

Former sex-educators have admitted to driving a wedge between parents and children.³⁷ This undermines the parent-child relationship. Breaking apart the family is key to depopulation.

Sex-education classes also promote casual sex and birth control. This puts teen girls on the path to abortion. Eventually, contraception fails, and abortion becomes back-up birth control. Sex-ed classes also spread pro-LGBTQ ideologies.

Ultimately, unchaste sex-ed drives down birth rates by promoting contraception, abortion, and sterile sexual acts.

#4 Mandatory Population Control (and Other Coercion)

The authors of *NSSM-200* recognized that many cultures would resist this “contraceptive imperialism.” To be successful, anti-natalists must sideline or neutralize any resistance. If this didn’t work, population controllers only had one avenue—raw force.



“The conclusion of this view is that mandatory [population control] programs may be needed and that we should be considering these possibilities now.”³⁸

NSSM-200 also recommended considering using coercion in an indirect form. This included withholding disaster and food aid unless a targeted country implemented population control programs.



“Would food be considered an instrument of national power? Will we be forced to make choices as to whom we can reasonably assist, and if so, should population efforts be a criterion for such assistance?”³⁹

As always, the population controllers would have to be careful to conceal their motives and methods, especially regarding coercion.



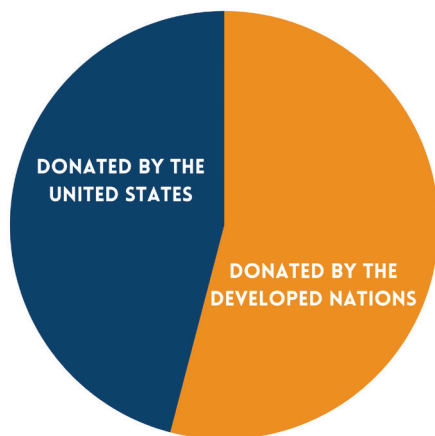
“In these sensitive relations, however, it is important in style as well as substance to avoid the appearance of coercion.”⁴⁰

In other words, the United States will not avoid coercion itself—just the appearance of coercion.

Chapter 4: How Much Has Been Spent on Population Control?

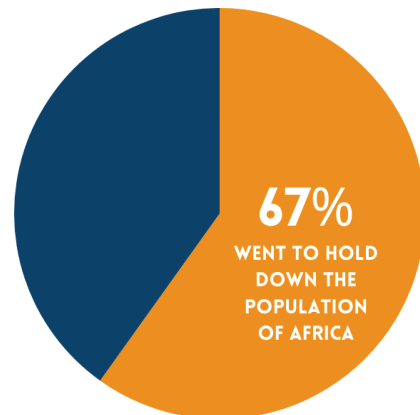
1996: \$2.5 BILLION → 2016: \$16.6 BILLION

In 1996, the developed nations of the world donated \$2.5 billion towards population control activities (in 2020 dollars). That number more than quadrupled to \$16.6 billion in 2016.



From 1996 to 2016, the developed nations donated a total of \$166,519,930,000 towards population control.⁴¹ Nearly half of that total, or \$85 billion, was donated by the United States.⁴²

Most of the \$166 billion—fully 67% of it—went to hold down the population of Africa, the continent with the most mineral resources.⁴³



This is a huge amount of money, but the rich nations see it as an excellent investment. The resulting flow of resources from the less-developed nations to the rich nations, especially minerals and strategic metals from Africa, means a very high rate of return indeed.

In 2017, the Trump Administration discontinued funding of the United Nations Population Fund (UNFPA).⁴⁴ UNFPA uses these funds to support population control programs around the world. However, in 2021, the Biden Administration began funding UNFPA again.⁴⁵ In 2023, the US government ranked second in the world among UNFPA's donors.⁴⁶

From a different perspective, International Planned Parenthood Federation (IPPF)'s financial statements are also revealing. Remember, IPPF was one of the cooperating organizations mentioned in the Kissinger Report. The US government would fund IPPF, which in turn would do their dirty work.

Between 2018 and 2022, Bangladesh, Colombia, Indonesia, and the Philippines also received one of IPPF's top 10 grants at least once. India, Pakistan, Ethiopia, and Nigeria received top grants for all five years.⁴⁷

This means that eight of the thirteen countries mentioned in the Kissinger Report are still targeted by IPPF fifty years later!

A Note About International Aid:

The colossal sum spent on population control has not improved the standard of living in less developed nations. This should be the aim of all international aid. As of 2024, all the \$210 billion has done is make large poor families into small poor families.

Imagine for a moment if \$166 billion had been poured into authentic economic development—roads, basic health care clinics, schools, rural electrification, and mechanical farming equipment.

This could have significantly improved the living conditions of more than a quarter of a billion of the world's poorest people.

Chapter 5: NSSM-200's Global Impact

NSSM-200 has encouraged atrocities and massive human rights violations in dozens of nations. The population control cartel uses force and coercion in developing countries to push abortion, sterilization and birth control. They also advocate for homosexuality and transgenderism, as these practices also reduce the birth rate.

Here are just a few examples of *NSSM-200*'s impact:

—CHINA—

As mentioned in the previous section, the United States government has funded the United Nations Population Fund (UNFPA) for years.

One of the main targets of UNFPA is the People's Republic of China. Under Trump, the State Department grounded the change of policy in this fact. They stated that the agency "supports, or participates in the management of, a program of coercive abortion or involuntary sterilization" in China.⁴⁸

While the UNFPA denies it, according to its own documents the UNFPA has donated more than \$100 million to China's population control program.⁴⁹ It financed a \$12 million computer complex specifically to monitor the population program and provided the technical expertise and personnel that trained thousands of Chinese population control officials. **UNFPA even presented China with a United Nations award for the "most outstanding population control program."**⁵⁰

Population Research Institute points out that, "More children were aborted under the one-child policy than the entire population of the United States."⁵¹

—PERU—

During the years 1995 to 1997, over a quarter of a million Peruvian women were sterilized. This sterilization program fulfilled the then-president Alberto Fujimori's family planning goals.⁵²

Although this campaign was called the “Voluntary Surgical Contraception Campaign,” many of these procedures were obviously coerced. **Women whose underweight children were on government food programs were threatened with the withholding of this food if they refused to be sterilized.** Others were kidnapped from their families and forcibly sterilized.⁵³

—INDIA—

In 2014, there was renewed international attention on India’s continuing forced sterilization program after dozens of women were killed and many more harmed due to the assembly line procedures being done in grotesquely unsanitary conditions.⁵⁴

Gynecologist Josas Koninoor even said the quiet part out loud: *“95% of our clients belong to the very poor class. They are responsible for giving birth four or five times. Since they cannot remember to take birth control pills every day, long-acting contraceptives are much better for them.... In order to have a good thing there is always a price to pay. If two or three women die—what’s the problem? The population will be reduced.”*⁵⁵

Female sterilization is still India’s primary method of “contraception.” According to *The New York Times*, as of 2016, four million tubal ligations were done annually.⁵⁶ This program continues to be financed by the US and other western governments and foundations.⁵⁷

Currently, there are no plans to stop sterilizations. However, the Indian government is introducing free injectable contraceptives, which will also have major negative health impacts on women.⁵⁸

—UGANDA—

The attempt to undermine Uganda’s proven HIV prevention program is perhaps the most egregious example of population control ideology trumping science.

Between 1991 and 2004, Uganda became the first African country to roll back its adult HIV infection rate. The HIV rate dropped from 21% to about 6%, a 70%

decrease. Uganda accomplished this amazing feat by changing the behavior of the people and shifting the focus away from condoms.⁵⁹

This upset population control groups. After all, Uganda's successful program emphasized virtuous behavior. This interfered with the depopulation template, which relies on contraception and abortion.

So, population control groups aggressively undermined President Yoweri Museveni's program. **The United States Agency for International Development (USAID), Population Services International, CARE International, and others began pushing condoms as hard as they could in Uganda.**

Rates of HIV infection rose to over 7% in 2013. Edward Greene, former senior research scientist at the Harvard School of Public Health, ascribes this increase to riskier behavior and less fear of HIV as a death sentence.⁶⁰

Recently, Ugandan adult HIV infection rates have declined to 5.4%. Nevertheless, Uganda's initial success in the '90s proves that abstinence works.⁶¹

Other Global Atrocities

Remember how *NSSM-200* recommended withholding much-needed aid if countries wouldn't accept population control? There are dozens of examples of this kind of blatant injustice:

- When Nigeria refused to legalize contraception and homosexuality, the United States withdrew financial and military aid. This aid would have allowed Nigeria to combat the Islamic terror group Boko Haram, which has murdered and kidnapped tens of thousands of people in that nation.⁶²
- When Ecuador declined to legalize abortion, the United Nations refused to provide any aid for it to battle COVID-19. This condemned many Ecuadorians to death.⁶³
- When Kenyan pro-lifers collected irrefutable evidence that Marie Stopes International (MSI), one of the largest abortionists in the world, were committing illegal and dangerous abortions on a vast scale, MSI demanded that

they be either muzzled or jailed.⁶⁴

- The United Nations Population Fund halted food and other aid to millions of starving Yemenis because the nation refused to legalize abortion.⁶⁵
- When Zambia refused to legalize homosexual behavior, the United States withdrew much-needed foreign aid. This aid would have helped alleviate the 11% national HIV infection rate and to care for 250,000 AIDS orphans.⁶⁶
- The Joint United Nations Program on AIDS [UNAIDS] threatened to withdraw all of its aid from the Caribbean Island of St. Lucia unless it approved language supporting abortion and homosexuality in a political declaration on HIV/AIDS.⁶⁷

The worldwide application of the strategies recommended in *NSSM-200* has plunged our world into a demographic winter. Population growth rates decelerated so fast that some countries are already experiencing severe economic and social problems.

Conclusion: What Can You Do?

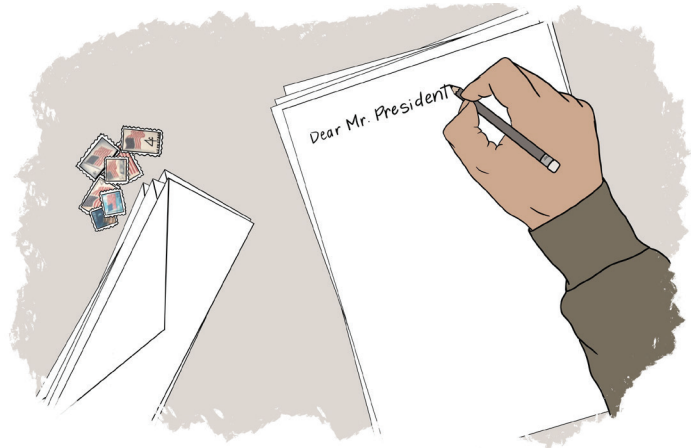
NSSM-200 is a blight upon America's history. It's tragic that United States tax dollars have been used to reduce populations around the world for fifty years!

The depopulation agenda is also not limited to the United States. Many developed nations contribute large sums to anti-natalist organizations.

However, there is hope for the future. It's important that Americans (and people all around the world!) push back against this anti-natalist agenda. You can do this in 2 big ways:

1. Contact Your Representatives & Spread the Word

The United States and other nations **MUST** stop funding population control. Because activists use vague language (such as “sexual and reproductive rights”), many officials don't realize US aid is being funneled towards depopulation.



You can contact your representatives, urging them to defund organizations like Planned Parenthood or International Planned Parenthood. You can also ask the U.S. President to formally rescind *NSSM-200*.

You can also spread the word on social media! HLI has many articles on the global depopulation agenda. By sharing these articles on X or other social media platforms, you'll raise awareness about this important issue.

If enough people speak up, the Kissinger Report may finally be revoked and the flow of tax dollars towards population control will end.



2. Heal the Damage by Supporting Human Life International

However, simply rescinding the Kissinger Report isn't enough. Many countries have suffered at the hands of the United States depopulation agenda. We must help heal fifty years' worth of damage.

One way you can do this is by contributing to Human Life International.

HLI's mission is to help these countries resist (and heal from) the population control agenda. Today, you can support an organization that works with local affiliates to promote life and family.

Your gift will empower missionaries to travel to rural towns, teaching women about the dangers of abortion and contraception. Using radio, television, and the internet, pro-life leaders will inform men and women about anti-life lies. Marriage and chastity are healthy—both physically and spiritually!

Your support will help fund pregnancy centers around the world. These centers help women in crisis pregnancies find the resources they need. Missionaries train local leaders and work on a grassroots level to advocate for the human rights of unborn children. Teen programs encourage students to embrace a chaste lifestyle.

Through HLI you can also make an impact on intergovernmental bodies like the UN, the EAC, the OAS, etc. By sending missionaries to advocate for life in these groups, you'll lessen the pressure placed on poor countries to submit to the population control agenda.

By joining HLI's mission, you'll help build a culture where every human life—no matter how small—is respected and valued.



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